

ALLIED HEALTH AND REHAB SERVICES

Occupational Therapy
Lindsey Herrin OTR/L



Carroll High School: 2008



Bachelor of Arts in Psychology: 2012

Pre-OT > Ultrasound Tech/
Radiology > Dental Hygiene>
Undecided > Psychology



Master of Occupational Therapy: 2014



OCCUPATIONAL THERAPY

WHAT IS “OT”?

Occupations are the activities people of all ages need and want to do —things like making meals, dressing, managing medications, driving, going to school or work, playing, or caring for family members.

Occupational therapists and **occupational therapy assistants** help people participate in their desired occupations with the therapeutic use of everyday activities, based on the client's personal interests and needs.

*From AOTA



WHERE CAN I WORK??

- Hospital (acute, inpatient)
- Outpatient adults: ortho, hands, neuro
 - Pediatrics outpatient
 - Schools
- Early Intervention (“Help Me Grow”)
 - Home Health
 - Behavioral Health
 - Work Hardening
 - Sales
- Consulting/Private Practice



OCCUPATION THERAPIST (OT)

- Undergrad (4 years) PLUS 2-3 year grad program (masters vs doctorate)
- Average Salary OTR: \$87,605 or \$42/hr
- More autonomy in settings/can work in ANY setting
- Supervises COTAs
- Must maintain license/CEUs

CERTIFIED OCCUPATION THERAPY ASSISTANT (COTA)

- - 2-3 year associate degree (Sinclair, Cincy Sate, Owens Community College)
- - Average Salary COTA: \$58,000 or \$26/hr.
- - Must work closely with supervising OT
 - Must maintain license/CEUs

ADULT DIAGNOSES

- Strokes
- Post-covid
- Oncology
- Cardiac
- Orthopedic (hip, knee, shoulder, hands)
- Trauma (car wreck, falls, etc)
- Amputations
- Brain Injury



Pediatric Diagnoses

- Down syndrome
- Cerebral Palsy
- ADD/ADHD
- Congenital Birth Defects
- Trauma
- Autism Spectrum Disorders
- Sensory Processing Disorders



PEDIATRIC TREATMENT



Play!

Feeding!

Self care!

School/Learning!



ADULT TREATMENT

Self Care

Employment

Hobbies/Interests

Sleep/hygiene



SPECIALTIES

Burns

Driving

Feeding

Womens Health

NICU

Wheelchair/positioning

Vision

Autism Spectrum Disorders

Oncology

ICU

Brain Injury

Hands

WHO DO WE GET TO WORK WITH??

Doctors

Nurses

PTs

Speech Therapists

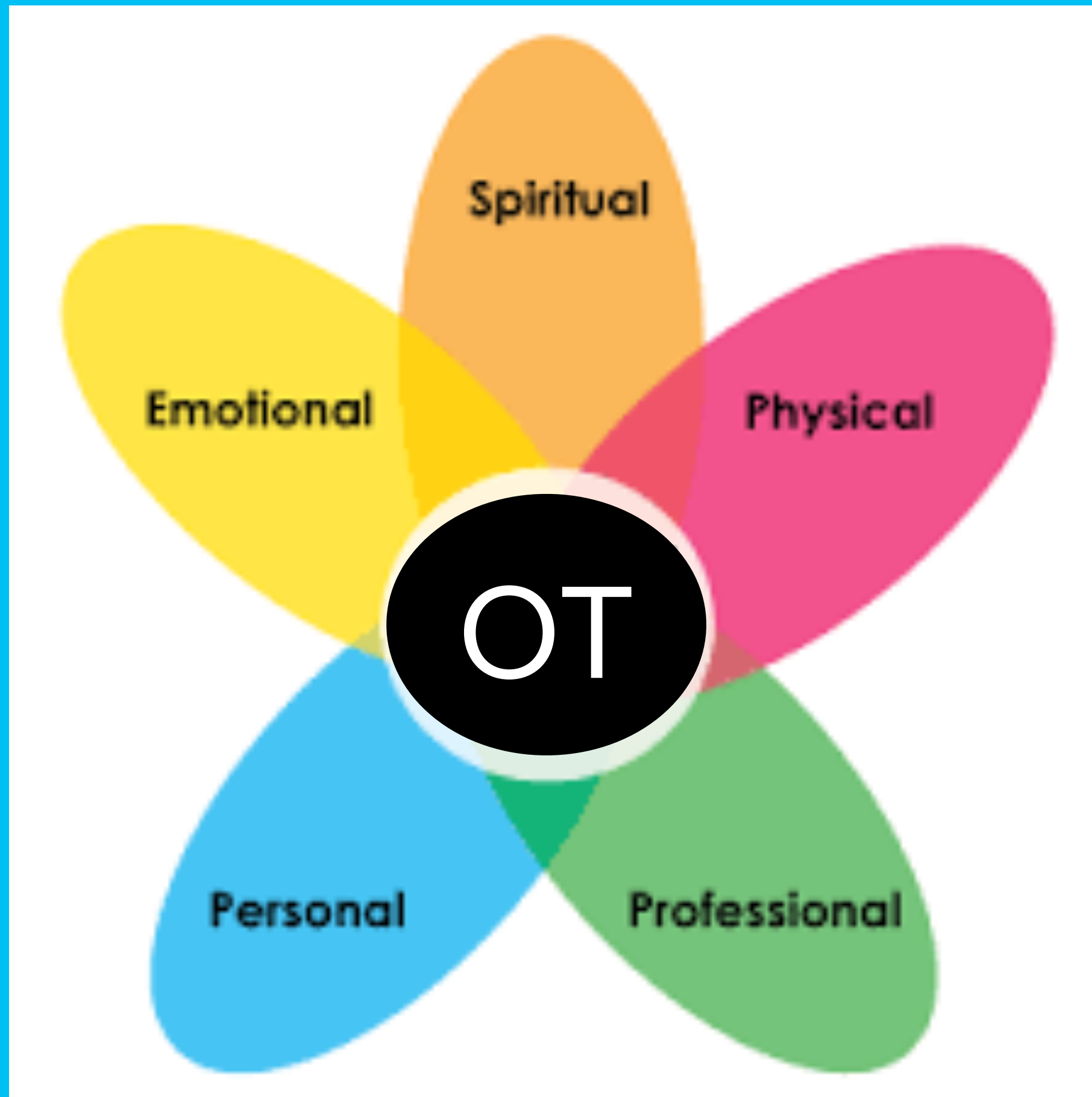
Families

Social Workers

Military/Vets

Therapy dogs





Every single patient can do SOMETHING.
How can I help them do what THEY want
to do??