

## 2026 Athletic Hall of Fame Induction

*Inductees will be honored Saturday, September 26, 2026 at the University of Dayton Daniel J. Curran Place.*

**Helen (Edgar) Forsythe '76: Volleyball, Basketball, Softball.** Helen earned 12 varsity letters. She was one of a few from back in the 70's that made varsity in all 3 sports offered to females, from her freshman year to her senior year, and started. She earned the 4C Award in volleyball, basketball and softball. Helen excelled in all 3 sports winning several awards in all 3. In volleyball, she was primarily the setter. She received 1st Team GDL her junior and senior years. Her coach also chose her as the MVP her junior and senior years. In basketball, she was one of the point guards. She averaged 14 points per game and 12 assists per game. She received 1st Team GDL her junior and senior years. She was awarded Most Improved Player her junior year. In softball, she was the catcher all 4 years. She averaged .320 throughout her career. She was awarded GDL 1st Team her junior and senior years, and her coach picked her Best Defensive Player her junior and senior years. Her senior year softball transitioned from slow pitch to fast pitch. Half of the games were slow pitch and half were fast pitch. Helen was also voted Athlete of the Year her senior year.



**Sarah (Rogers) Flach '99: Soccer, Basketball, Softball.** Sarah earned 11 varsity letters while at Carroll. She earned the 4C Award in basketball and softball. She played on 12 varsity teams, but was moved up late in the season her freshman year on the soccer team. She was awarded in soccer her junior year: 1st Team MML and 1st Team All-Area; senior year; 2nd Team MML, 1st Team All-Area, Carroll's Defense MVP, Coaches Award and the 3C Award. In basketball her junior year: 1st Team MML and the 3C Award; senior year; 1st Team MML and Carroll's Patriot Award. In softball her junior year: 3C Award; senior year: 1st Team MML, All-Area, Carroll's MVP and Patriot Award. In soccer, her teams were league champs from 1995-1998, district champs in 1995 and 1997; and regional finalists in 1995 and 1997. In basketball, they were league champs in 1998 and 1999. She received the Archie Griffin Sportsmanship Award at the senior awards and her class voted her most athletic. She came back to Carroll to head coach women's soccer from 2008-2020. Her overall record is 138-74-33 and league record is 52-20-13. Her coaching awards include: 2009-Coach of the Year GGCL Grey North Division All-Stars; 2010-All-Dayton Parochial Coach of the Year; 2011-GGCL Coach of the Year and GGCL Grey North Division All-Stars; 2012-Parochial Coach of the Year; 2014-GGCL Coach of the Year; and 2015-Private Coach of the Year in Division II, District Champs and reached the Regional finals.



**Lauren (Viney) De Coe '00: Volleyball.** Lauren earned 4 varsity letters earning the 4C Award in volleyball. Her accomplishments include: 9th grade-District 15 Honorable Mention; 10th grade-1st Team MML, 1st Team District 15, Dayton Daily News All-Area 2nd Team, and Carroll's Offensive Player; 11th grade-1st Team MML 1st Team District 15, Dayton Daily News All-Area 1st Team, All-State Honorable Mention, and Carroll's Defensive Player; and 12th grade 1st Team MML, MML Player of the Year, 1st Team District 15, Dayton Daily News All-Area 1st Team, Channel 22/Cassano's Athlete of the Week, Rae Burick Female Athlete, District 15 All-Star Match, 2nd Team All-State, State of Ohio All-Star Match, and Carroll's MVP. The team was MML champs all 4 years with a 55-1 record. In 1996 and 1998 they were district runner-up, and in 1997 they were district champions. The teams' total 4-year record was 78-16.



**Chadd Kiggins '11: Track, Cross Country.** Chadd earned 8 varsity letters, the 4C Award in cross country and the 4C Award in track. Awards he won in the 9th grade: cross country - Newcomer Award and he was a regional and state qualifier. In track - in the 3200m relay his team was 1st at the GCL, 2nd at the districts and 3rd at the regionals that qualified them for the state. In 10th grade, the awards he won: cross country - 1st Team All-GCL, and regional and state qualifiers. In track - 1st in the district (4x800m) and 2nd at the regionals for the (4x800m) and 3rd in the (1600m). Chadd received in 11th grade: cross country - 1st Team GCL-North, Runner of the Year, district champion, regional runner-up, Carroll's MVP and 3C Award. In track - 1st Team GCL North for the 1600m run, 1600m relay and 3200m relay, 2nd Team GCL North for the 400m dash. At the districts, he came in 1st in the (880m), (1600m), (4x800m) relay. At regionals, he finished 1st in the (1600m) and 3rd in the 4x800m) relay. At state in the 1600m he came in 4th place, and received All-Ohio Honors. He received the 3C award and the team's MVP. He also at the time broke the school record in the 800m and distance medley relay. In 12th grade some of his awards included: cross country - GCL Athlete of the Year, district champ, 3rd at regionals, 11th at state, All-State Honors, Penn Station Athlete of the Month, and the teams MVP and Patriot Award. In track - 1st at regionals qualifying for state, Joe Quinn School Athlete Award, and the team's Patriot Award. He also broke the school record in the 1600m run which still stands today at 4:16.50. Chadd went to state all 4 years in both sports, was Academic All-Ohio 3 times in cross county and 2 times in track.



**Ryan Dull '13: Tennis, Swimming, Cross Country, Track.** Ryan earned 14 varsity letters, a school record at the time. Awards he won in tennis: 1st Team GCL North and All-Area in grade 10; 2nd Team GCL North in grades 9, 11 and 12; 2nd Team All-Area in grades 9 and 11; district and state qualifier in grade 11, and the 3C Award; and 4C award, Academic and All-Area Award in grade 12. His awards in swimming included: 1st Team GCL in grades 10 and 12; 2nd Team GCL in grade 11 and the 3C Award; he was a regional and state qualifier in grades 11 and 12; he was the team's MVP in 10th grade and the Patriot Award winner in 12th grade along with the 4C award. He was awarded in track: 1st and 2nd Team GCL North in 11th grade; and 2nd Team GCL North in the 12th grade. Ryan was awarded in cross country: 2nd Team GCL North and the Newcomer Award in 9th grade; 1st Team All-GCL, state qualifier, Academic All-Ohio and the 3C Award in 11 grade; 4C award, 1st Team All-GCL, All-State, Academic All-Ohio, district and regional runner-up, state qualifier and Carroll's MVP and Patriot Award winner in 12th grade. He also received the Ohio High School Athletic Association Scholar Award. Ryan was a Carroll Valedictorian and Athlete of the Year. The swimming team was league champs all 4 years, league champs in grades 9, 11 and 12 in cross country, and league champs in grades 11 and 12 in track.



**Noah Kummer '15: Basketball, Soccer.** Noah earned 5 varsity letters: 1 in basketball and the 4C Award in soccer. Soccer is where Noah excelled as he was the starting keeper all 4 years. Awards he received in 11th grade include: NSCAA All-America Team, NSCAA All-Region IV Team, 1st Team All-State, Miami Valley Division 2 Player of the Year, Miami Valley District Team, 1st Team Miami Valley-South, 1st Team GCL-North, GCL-North Player of the Year, and the 3C Award. In 12th grade, he received the following: NSCAA All-America Team, NSCAA All-Region IV Team, Ohio Division 2 Player of the Year, 1st Team All-State, Miami Valley Division 2 Player of the Year, Miami Valley District Team, 1st Team Miami Valley-South, 1st Team GCL-North, GCL-North Player of the Year, Academic All-Ohio. He was the Athlete of the Year at the senior awards and most athletic, voted by his



classmates. Noah is Ohio's all-time leader in career shutouts with 51. His team was state champs in 2011 and 2012, and the teams 4 year overall record was 68-5-12.

**Patrick Hemmert '15: Basketball, Football, Track.** Patrick earned 9 varsity letters his 4 years at Carroll. In basketball, he played in grades 9-12, earning varsity letters in 11th and 12th grade. He was co-captain in 12th grade and in 11th grade the team was Southwest District Sectional Champions. He played football in grades 9-12, earning varsity letters in grades 10-12. Awards he received in 12th grade included: 1st Team All-GCL, GCL-North leading tackler and the 3C Award. He ran track all 4 years earning the 4C Award. In 9th grade his awards included: 2nd Team GCL (4x200m relay) and honorable mention (4x100m relay); in 10th grade he was awarded: 2nd Team GCL (4x200m relay) and honorable mention (long jump, 4x100m relay); he was awarded in 11th grade: Carroll's Most Improved Runner, 3C Award, 1st Team GCL (4x100m relay), 2nd Team GCL and All-District (4x200m relay), All-District, Region and Division 2 State qualifier (4x400m relay). His awards in 12th grade include: team MVP, Patriot Award, GCL Runner of the Year, 1st Team GCL (100m dash), 1st Team GCL Team, All-District, and Region honors (400m dash), 2nd Team GCL, All-District (200m dash), All-District and Region honors (4x200m relay), All-Region and Division 2 State qualifier (4x800m relay), finishing 8th place at state, earning All-State honors and All-Academic Honors, The 4x100m relay from 2014 still holds the school record at 44.23 and the 2015 4x200m relay holds the school record at 1:31.19. The team was GCL champs all 4 years, district champs in 2014 and 2015, regional runner-up in 2014, and state qualifiers in 2014 and 2015.



**2011 State Champion Men's Soccer Team.** Carroll won its fourth state championship in soccer, and third under Scott Molfenter, in the fall of 2011. It was a rematch of the 2010 Division II championship game against Richfield Revere, and they defeated them 3-0. The

season record was 23-0-0. The 2011 team was GCL North Champions, District Champions, Regional Champions and State Champions. They were awarded the OSSCA Team Academic Award, The team ranked 4th in the final NSCAA/ADIDAS Region V Poll, 1st in the final Division 2 State Coaches Poll, and 1st in the final Division 2 Miami Valley Coaches Poll. The Patriots finished the season undefeated for the first time in school history.



**2012 State Champion Men's Soccer Team.**

Carroll won its fifth state championship in soccer in the fall of 2012. This is the fourth under Scott Molfenter and third in a row. The season record was 19-0-4.

The 2012 team was GCL North Champions, District Champions, Regional Champions, and State Champions. They received the OSSCA Team Academic Award. The team ranked 4th in the final NSCAA/ADIDAS Region V Poll, 2nd in the final Division 2 State Coaches Poll, and 1st in the final Division 2 Miami Valley Coaches Poll.