

2019-2020 Student Activities Booklet



100 percent of Carroll's student body participates in at least one co-curricular activity.

There's something for everyone!



Carroll High School

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All Carroll Patriots are encouraged to seek ways to expand their interests and talents by joining others, learning, and

EDUCATED TO BE MORE » DO MORE

leading for the greater good of the club and themselves.



FAITH IN ACTION

As a Catholic school, Carroll provides many opportunities for students to get involved with others in activities and clubs that enhance their faith. Additionally, these clubs are committed to deeds that reflect their faith.



CLUBS

MASS CHOIR

The Liturgical Choir leads the music for all of our school-wide liturgical celebrations. We celebrate all-school Mass once a month, including Masses for Holy Days of Obligation. No prior experience is necessary to be a member of this choir. In addition to singing voices, the Liturgical Choir welcomes those who can play musical instruments. All students in all grades are welcome.

PATRIOTS FOR LIFE

Patriots for Life is a student-run organization whose purpose is to educate students about all life issues in which the dignity of the human person in not respected. Our goal is to be a voice for the voiceless and to encourage our fellow Patriots to get involved in defending all human life from the womb to the tomb. In our efforts, we will raise awareness about life issues, and encourage action that is appropriate for high school students. One of the highlights of the year is a trip to Washington, D.C. for the March for Life.

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PRAYER & LITURGY

The Prayer & Liturgy Club plans all Liturgical happenings during the school year, i.e. monthly Mass, weekly Masses, Advent and Lent prayer services, Stations of the Cross, and May Crowning. All students are welcome and encouraged to join.





CARROLL CAMPUS MINISTRY

The purpose of Carroll Campus Ministry is to bring about an ongoing "Spiritual Revolution" at Carroll. Our mission is to put Christ at the center by:

- Making Carroll a place of prayer and worship—to make sure that all students are both encouraged to pray and are given opportunities to pray. (Liturgy)
- Making Carroll a place in which we live our gospel call to serve others. Revolution will provide weekly opportunities to service our local community and, as a group, will be of service to our Carroll community. (Service)



- Making Carroll a place where everyone is welcomed. We will work to welcome new students, to reach out to all students, and to encourage new involvement in Revolution. (Outreach)
- Helping identify, train, and nurture our student leaders so that they can lead by example and help other students grow in their faith. (Leadership)

RETREAT LEADERS

Juniors and seniors can apply to lead the sophomore retreats and seniors to lead their class PATS Retreats. Applications are reviewed by campus ministry and the following are taken into consideration for selection.

Students:

- make a habit of putting others' needs before their own
- demonstrate a sincere desire to be the person God calls him/her to be
- are active in growing their faith through service, involved in spiritual activities at school and in their parish
- leadership responsibility display skills and with commitments
- model appropriate use of social media
- are comfortable in giving witness to their faith and life as disciples of Christ



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ACTIVITIES

All Carroll Patriots are invited to participate in Faith in Action Activities. These opportunities arise throughout the year—some are traditional events, others as the needs arise.

ACTION APPALACHIA

Action Appalachia is an annual program, lead by seniors, to provide aid for the Campton Center in Kentucky. Donations are sorted, packed, and delivered to Campton Center by the seniors. Once the truck is unloaded, students experience the local economy and needs of the area. They learn first-hand from the Sister Susan Pleiss, OSF about the missionary work with the residents of Campton, KY.





CHRISTIAN JUSTICE & SERVICE CAMP

The Christian Justice & Service Camp is a week-long 'immersion' into Dayton designed to help students become more aware of justice issues here in our community and the organizations who are working for long-term systemic change. Students will be forced to look at their own attitudes and perceptions based on the reality that they will see, in light of the scriptures. Students live in community for one week in the summer in the Dayton area. During the week, students do over 40 hours of service with a variety of service organizations. The students hear diverse speakers on social justice issues like poverty, immigration, sustainability, energy, urban farming, and many other issues. This activity is the equivalent of 1/2 of a Religion credit and only available to seniors. Students must apply in the spring of their junior year.



MAY CROWNING

It is Catholic tradition to honor Mary, our mother, because she is a perfect follower of Christ, who is the absolute "crown" of Christ, during the month of May.

MONTHLY MASSES

Carroll celebrates an all-school Mass each month of the school year, including Holy Days of Obligation, Lent and Advent. At Carroll, all students and faiths participate in this celebration of Christ and community.

MORNING MASSES & PRAYER SERVICES

Mass or a Prayer Service is celebrated weekly before school at 7:30 a.m. A rotation of area priests celebrate the Eucharist with the voluntary Carroll community. Clubs and sports are expected to attend as a team at least once during their season.

SHANTYTOWN

Students and teachers spend a night outside in solidarity with the homeless. We listen to speakers, sleep outside in boxes, and serve or panhandle for St. Vincent's Shelter. Offered during the fall semester alternating years.

PATRIOT PRIDE DAY

Help beautify Carroll. There are a variety of school projects that need a little tender loving care. Families are welcome to participate.

VOCATION FAIR

The Vocation Fair is held in September every other year. It is an opportunity for students in Religion classes to talk with over 40 Religious, Service, and Health Organizations from the Dayton and surrounding areas. The students attend the fair during the day and interview the different organizations. The groups bring information to the students about volunteering, religious life, and service opportunities in and outside of Carroll. Some participating organizations are: Aim for the Handicap, Five River Metroparks, Ascension Youth Ministry, St. Luke Youth Ministry, Suicide Prevention Center, Franciscans, Marianist Sisters, Dominican Sisters of the Mother of the Eucharist, UGive, Good Samaritan Hospital, St. Vincent de Paul, Dynamic Senior Solutions, Habitat for Humanity, Right to LIfe, Life Resources, and many others.



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RETREATS

Students are expected to participate in Class Retreats during their first three years at Carroll.

FRESHMAN RETREAT

The freshman retreat is facilitated by NET Ministries (National Evangelical Team). These young adults, ages 18-28,

serve as modern-day disciples giving a year of service leading retreats for parishes and schools across the U.S. This one-day off-site program helps freshmen to meet new people, prepare spiritually for the challenges of being a teenager,



and identify the choice before them to live a life of character and faith. The theme of "Choose Your Own Adventure" explores God's desire to fulfill our heart's longings and the free will He gave us to choose or reject him. Students will see how sin leaves us lost and how Christ is calling us to the path of His great adventure.



SOPHOMORE RETREAT

The sophomore retreat centers on growing as young men and women of integrity and character rooted in a relationship with Christ. It fosters a deeper sense of community within their class. On this one-day offsite retreat at area partner parishes, students are divided by gender. By separat-

ing the genders, this retreat model can be more

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attentive to the differences in male and female spirituality. It also allows for a more frank discussion of gender-specific issues. A team of teachers, parish youth ministers and student peer-ministers lead the retreat.

JUNIOR RETREAT

The junior retreat is an overnight program held at and facilitated by Bergamo Center encourages students to grow in their relationship with Christ and foster a deeper sense of community within their class. Themes center on one's journey of faith, highs and lows in life and faith, blessings that flow from a relationship with Christ, healing through forgiveness, affirmation and acceptance.



SENIOR RETREAT

For seniors, the PATS (Praying And Thinking Spiritually) Retreat empowers students to access their love of self and love of God with a challenge to renew their commitment to actively living their faith and nurturing their relationship with Christ. Themes include knowing and loving self, knowing and loving God through Christ, obstacles to God's friendship, forgiveness and change of heart through a commitment to Christ. It is held at Athletes in Action in Xenia and led by a team of peers who courageously share their personal life-faith experiences with their classmates.



SERVICE OPPORTUNITIES

Carroll's Campus Ministry is proud to offer every Carroll Patriot many opportunities to provide community service to those less fortunate and school service as needed. Some examples of these are:

El Puente Tutoring

Carroll students visit El Puente weekly to tutor, interact, and have fun with their students.

Family Fun Night

Carroll hosts a free, fun fair in conjunction with Montgomery County Children's Services to promote adoption. Students run games or a booth.

Giving Tree

We collect toys, gift cards, and new clothes for the Secret Santa Shop for Catholic Social Services. A Christmas tree is located in the school lobby with ornaments of gifts to take and replace with gifts.

Patriot Pride Day

Students demonstrate pride in our school by cleaning and freshening up our campus before Open House.

Food Collection and Mobile Food Pantry

Students distribute donated boxes of food to homes in Dayton's East End.

Baby Bottle Collection

In support of Elizabeth's New Life Center, Carroll students are given a baby bottle and asked to return it filled with coin donations.

End of Course Testing Breakfast

Students who are not testing serve breakfast to both the Men's and Women's/Family Shelters of St. Vincent de Paul from 4:30 to 8:30 a.m.

Trinity Nail Painting

Painting fingernails for the ladies at Trinity Nursing Home.

Classes, clubs, and sport teams find provide several opportunities for their members to serve. Additional opportunities are available on Carroll's web site. All service hours will be recorded on innerview.org to create a personal service resume for each student. Carroll's students are inspired, not required.





ACADEMICS

Carroll Patriots find classes to be interesting and fun. These related clubs and activities give students a chance to explore these subjects differently from the classroom.

CLUBS

ACADEMIC TEAM

Participants on the Academic Team will learn to recall scholastic facts quickly and rely on their intellectual instincts. As a member of a team, participants will learn how to inspire their teammates as well as learn how to be inspired by their teammates. Participants will be encouraged to learn facts from classical studies, life sciences, physical sciences, social sciences and mathematics. Senior leaders on the team will learn to mentor the junior players by guiding them to useful resources and by example during practice. Practices include both content development as well as quick reaction buzzer practice. To make a competitions team, participants will have to achieve a high level of acuity in at least two subjects.

The Academic Team participates in the Greater Catholic Academic League (GCAL). Catholic schools from Dayton and Cincinnati compete with one another in the weekly competitions held during the months of November through April. League champions and end-of-league tournament champions are eligible to compete in the Regional and State Tournament. Carroll also competes in both National

Academic Quiz Tournament (NAQT) and Ohio Academic Competition (OAC) events. Carroll competitors have frequently placed high in the area and have earned the right to compete in the State District competition.

CARROLL LABPATS

The Carroll LabPats are an iGEM team of selected students who work with a committee of Carroll faculty and mentors from Wright Pat Air Force Base Materials and Human Performance Labs to complete their iGEM project. This student-led project provides opportunities of working in a professional lab environment where students master lab techniques and professional skills.





FRENCH CLUB

The French Club at Carroll High School explores the French language and Francophone culture through film, food, music, and various events throughout the school year. Activities have included making crêpes, watching short— and full-length movies, hosting the International Picnic, and dinner at local French restaurants. Students are eligible to participate in trips abroad to gain first-hand experience of these cultural practices.

LATIN CLUB

The Carroll High School Latin Club aims to promote enthusiasm for the culture, language, and arts of ancient

Greece and Rome. Activities



have included the International

Picnic, Roman dinner parties, movies, trebuchet building and Siege! This organization is also a registered chapter of the National Junior Classical League.



MATH PATRIOTS

Carroll students compete in a number of math contests throughout the school year. These contests have a variety of formats, but all encourage students' growth in mathematical knowledge and problem-solving ability through challenging and competitive events. Some examples are the American Math Competition (AMC), American Invitational Mathematics Exam (AIME), OCTM State Tournament of Mathematics, the Ohio HS Mathematics Invitational Olympiad (OHMIO), the University of Dayton Annual High School Math Competition, Math Madness, and the Moody's Mega Math (M3) Challenge.



OHIO MATH LEAGUE

The goal of the Ohio Math League is to build student interest and confidence in mathematics through solving worth-while problems that involve intuitive and deductive skills. Students participate in six after-school contests throughout the school year, competing for the highest team score in the county and state. Individual awards are given to top grade level and Carroll high scorers. The Ohio Math League is open to all Carroll students.



SPANISH CLUB



The Spanish Club, an organization promoting an awareness of the Hispanic culture and Spanish language, is open to all current and former Spanish students wishing to be actively involved

in experiencing Spanish-speaking culture. Activities have included an international picnic, attending Spanish plays, music and/or dance productions, various Hispanic holiday "fiestas," and dinner at El Mesón Restaurant.



NATIONAL SCIENCE OLYMPIAD

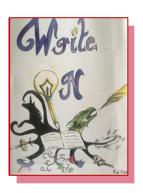
Students compete in 23 events annually in one of the premier science competitions in the country. Teams of 15 students compete in engineering and applied science tasks including designing and building helicopters, towers, and an electric vehicle; other knowledge-based events focus on life and physical sciences. Invitational tournaments take place through late fall and winter, leading to the regional tournament in the spring.

TEAMS COMPETITION

Tests of Engineering Aptitude, Mathematics, and Science (TEAMS) is an annual competition that gives students an opportunity to discover engineering and how knowledge in engineering can help make a difference in the world. Eightperson teams of students work collaboratively to solve realworld engineering challenges, applying their math and science skills in practical, creative ways. Carroll teams compete in the state-wide competition at Ohio Northern University.

WRITE-ON

Write-On is a collection of student and faculty writings and art shared in print form. We print one or two issues a year. Participation is open to all students.



YOUTH-IN-GOVERNMENT

This civics club is designed to give students experience in working with local and state government, assisting with voting and local charities, and becoming more involved in community activities. It culminates in a year-end conference in Columbus, debating legislation and appealing cases before the Supreme Court.



ACTIVITIES

Unique learning opportunities are important parts of classes as well as clubs and groups.

OHIO YOUTH IN GOVERNMENT

Students attend a 3-day conference in Columbus and act as legislators, judges, governors, etc., passing legislation and deciding cases. Students use the State Chambers and meet many State officers and legislators.

TREBUCHET COMPETITION

Students taking Physics II use their engineering problemsolving and team-building skills to design and build miniature trebuchets inspired by medieval machines that launched large projectiles into enemy fortifications. Students fire squash balls that work like the originals, using counterweights and gravity to rotate an arm with a sling that hurls the projectile. Students then compete against other area schools.



SCIENCE DAY

Students in Honors Science classes, as well as anyone interested in science, develop independent research projects each year. Students then have the opportunity to present their research at a variety of Science Day activities. They start at the Carroll Science Day, then progress to the County, District, and State Science Days, as long as they maintain a superior rating. Students have been chosen to compete at International Science and Engineering Fair. There are numerous awards, scholarships, and special recognition given to students at all levels of Science Day activities.





HONOR SOCIETIES

NATIONAL HONOR SOCIETY



Membership in the National Honor Society is very selective and is determined by a faculty council who evaluates students based on leadership, character, and service. Students in their junior and senior year who meet the following criteria are eligible for consideration to be members of

Carroll's National Honor Society:

- At least one year of attendance at Carroll
- A weighted grade point average of 3.7 or above
- Fewer than five demerits in any one semester of the previous year
- Exemplary character
- An enduring commitment to the qualities of leadership and service at Carroll and/or in the community.

INTERNATIONAL THESPIAN SOCIETY

The International Thespian Society is the world's largest honor society recognizing excellence and achievement in high school theatre students. Theatre teaches powerful life skills preparing students for a bright future.



Carroll is proud to be a member of the International Thespian Society with a charter of Troupe #8330.

Active Drama Club members are eligible who:

- Are in grades 10-12
- Participate backstage and/or act in at least 2 productions
- Take part in outside trips, workshops, and or service projects
- Maintain a 3.0 gpa in Arts classes
- Demonstrate commitment and service to the Carroll Freedom Players

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NATIONAL ART HONOR SOCIETY

National Art Honor Society is for students currently enrolled in a core art class (Creative Drawing/Design, A Studio Art, or AP Art). Monthly meetings are for enriching (members' art experience, expanding and sharing their talents with the rest of the student body, and participating in fundraising using their artistic talents. Members must be taking art classes, provide 10 hours of service, and maintain a 3.5 grade point average in art.

FOREIGN LANGUAGE HONOR SOCIETIES

The purpose of the Foreign Language Honor Societies is to honor outstanding academic achievement in language acquisition.

Eligibility:

- A grade point average of 4.0 in the language after four semesters
- A 3.5 overall grade point average after four semesters of language study
- Must attend Carroll for one year



NATIONAL FRENCH HONOR SOCIETY



NATIONAL LATIN HONOR SOCIETY



NATIONAL SPANISH HONOR SOCIETY



EDUCATIONAL TRAVEL OPPORTUNITIES

Carroll Patriots are offered many opportunities to travel near and far for unique learning experiences. Every year brings new and exciting trips that may be class, club, or interest related. Students should be in good standing with grades and deportment in order to have the privilege of school travel.

Some exciting trips from recent past or near future include:

Ancient Mediterranean Hawaii (Pearl Harbor)

Boston, MA Italy/Rome

Cincinnati, OH New York City, NY

Columbus, OH Orlando, FL

Costa Rica (multiple cities) London/Paris/Normandy

Dominica (Lower Antilles) Philadelphia, PA

El Salvador Spain (multiple cities)

France (multiple cities) Spain/France/Italy

Grand Rapids, MI Spain & Italy

Greece Washington, DC





SPECIAL INTERESTS

There's something for everyone at Carroll. Join what you like or start something new. Friends, fun, and interests are what it's all about!

CLUBS

AVIATION CLUB

Established by a bunch of aviation enthusiasts, Aviation Club is the best place to learn and have fun in the aviation field at Carroll High School. We hold weekly meetings on topics like airliners, drones, and flight simulators. We also offer activities like making airplane models. New members are always welcome.

BALLOON CLUB

This club motto is "Eat, Sleep, Twist." Members learn the fun craft of balloon sculpting. Students build skills from basic twists to more complicated multi-balloon sculptures such as animals, hats and other creations. As twisting skills are developed, the club offers their talent of entertainment as service to various school and community events, including assisting with the CHS Alumni Easter Egg Hunt and St. Pat's Fest.



CHESS CLUB

Come play chess for fun in a non-competitive environment. Don't know how to play? Try something new. Club meets every once in a while. Listen for announcements.

CLASS COUNCIL

Students who are elected to Class Council are recognized as leaders of their peers. These students meet with the class advisors to plan for Homecoming, Prom, graduation, class banners and mottos, and other school events. Students who choose to "run" must have no grades lower than a C when P they "run" or during their year on council, have no more than 9 demerits or any suspensions/expulsions during the year of office, and recorded school service hours during the year of office. It is an honor and a privilege to be elected as leader of a class.

CARROLL COOKING CLUB

month after school.

The Carroll Cooking Club is an extension of the Culinary Arts section of the Family & Consumer Science Department. All Carroll students are invited to participate in the club who have an interest in Culinary Arts even if you are not enrolled in a Family & Con. Science class. Some activities include making fun seasonal treats, baking themed

sweets for the fall play and spring musical, baking cookies and cupcakes for Open House and St. Pat's Fest, and getting creative by trying new recipes from group members. Meetings are once a





DRAMA CLUB

THE FREEDOM PLAYERS

This group of students is directly involved in the production of the fall play and the spring musical. In the past years the students have performed Disney's Little Mermaid, Headin' for the Hills, The Addams' Family, Annie Get Your Gun, The Boarding House Reach, On the Town, and A Little Piece of In addition to acting in the plays, students are Heaven. involved in various committee work: prop, make-up, publicity, sound, costumes, set design (building and painting), Freedom Players also attend area and stage crew. productions, participate in workshops, and visit Grand Rapids, MI and New York City to see professional shows and learn about theater development. Members also help with Carroll's Call for Talent.



T R E S

Last year's Drama productions were Vintage Hitchcock and Disney's Camp Rock musical.

















FLAG PATROL

Started in 1999, Flag Patrol is a group of students that carry the Carroll Flags at our football games and other major sporting events. It is comprised of seniors who are selected by member of the previous year's team to carry out the tradition. Students must be reliable and show spirit and enthusiasm for Carroll's competitive teams.

GAMING CLUB

Students who enjoy playing video games with others should join the Gaming Club. Games are voted on by members and played weekly after school.

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HARRY POTTER CLUB

Expelliarmus, Horcrux, Quidditch, and Patronus. If you know the meaning of these words, then the Harry Potter Club is for you! This club is devoted to the Wizarding World of Harry Potter. Meetings are held throughout the school year and focus on exciting Harry Potter themed activities such as wand making, dueling, Quidditch, Harry Potter games and trivia, among others. Each year new "wizards and witches" will be sorted into their respective houses. If you are a fan of Harry Potter or want to learn more about the Wizarding World, please join us! Muggles are always welcome to attend!

INDUSTRIAL TECHNOLOGY CLUB

The Industrial Technology Club focuses on building and remodeling projects in the wood shop and around the school. We also work on fundraisers and charity projects for the elderly in Carroll's community.





INTERNATIONAL CLUB

International Club is a club to bring our international students and current Carroll Patriots together to share and celebrate the different cultures that we represent. We attend cultural events in the area and help our international students acclimate to our traditions and school events.



MEDIA 4 CARROLL

Media 4 Carroll is a student-run audio-visual club. Students write, act, and edit videos for live-streams on our YouTube Channel. Re-

cently, students have produced an allschool Lip-dub, music videos, read student announcements, and taped drama club productions and other events around the Carroll community.



One of Media 4 Carroll's most important jobs is producing 12 productions for 8th Grade Days. M4C members also go on field trips to professional production facilities.

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MUSE MACHINE

All Carroll Patriots are Muse Machine members! Whether performing on stage, creating a masterpiece with a paintbrush, or working behind the scenes to make someone else's work come alive, Muse Machine will inspire you. Students are introduced to various forms of the performing arts to show them how creativity and artistic expression can make a difference in their lives. All students attend in-school performances, may buy discounted tickets for shows at Schuster Center and Victoria Theatre, audition for the Summer Concert and Winter Musical, and attend special workshops exclusively for Muse Members.

PATS FOR PAWS CLUB

PATS for Paws Club is for anyone wishing to celebrate their love of animals. Our club raises awareness of animal issues locally and globally. In previous years, we have raised funds through a bake sale to support animal shelters and zoos in Venezuela who are suffering from a serious food crisis, and we have "meet and greet" days for our club members' pets. PATS for Paws is all about helping our furry friends because they are not just friends, but our family.



YEARBOOK CLUB

Carroll's Yearbook, *The Patriot*, is designed by a group of creative students who enjoy choosing pictures and words that tell stories of the current school year. We work closely with our publisher to create, sell, and deliver the yearbook to students each year. We assist photographers at Underclassmen Picture Day, Group/Club Picture Day, and other events. Yearbook Club meets weekly after school during second semester. Everyone looks forward to the yearbook!

ACTIVITIES

ALUMNI VOCATION SHADOW DAY

Juniors and Seniors have a great opportunity to shadow an alumnus who is working in the student's interested career field. Information about this day is announced at school.

BLOOD DRIVE

Students who are at least 16 may be eligible to donate blood in Carroll's gym during the Blood Drive. Parent permission slips will be available.

Students who have donated 3 times during high school years are awarded a red cord to wear at graduation.



FALL PLAY AND SPRING MUSICAL PERFORMANCES

All Carroll Patriots are encouraged to try out for a part in the school play and musical. Students may choose to take a "behind the scenes" role if acting is not for them. Students are also eligible for leadership roles as director.





CARROLL'S CALL FOR TALENT

Carroll's Call for Talent provides a night on stage to perform and showcase personal talent in front of an audience.

MUSIC PROGRAM

CONCERT BAND

This group meets during the school day and plays a variety of music at several concerts throughout the school year. These students also participate in the District Concert Band Contest. Concert Band has won many awards and regularly qualifies for the state contest.

JAZZ COMBO

Jazz Combo is a select group of Jazz musicians that focus on improvisation. This group performs locally at several outreach events.

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JAZZ BAND

Jazz Band members are chosen by audition in November from the members of the Concert and Jazz Bands. It practices after school. The Jazz Band performs at many school and community events.

MARCHING BAND

The Marching Band is an exciting opportunity for any student interested in music or dance, regardless of background. This award-winning group performs at competitions, football games, parades, and other special events. The Marching Band travels several times each year, including an annual trip to perform at Lucas Oil Stadium in Indianapolis. They will spend a week at Disney World in 2020. Recent accomplishments of the Marching Band include seven consecutive medals at the Mid-States Championships and several first place awards at local competitions.



S P E C I A L I N T E

R S T S

WINTER/COLOR GUARD

The Winter/Color Guard is a performing group that is open to any interested student. The group combines dance with spinning flags, rifles, and sabres. The Winter Guard uses colorful costumes and props to create an exciting performance. The Winter Guard performs at many contests each year, including the Mideast Performance Association championship and the Winter Guard International Championships. Carroll's Winter Guard has won the national championship!





ATHLETICS

Excellence is expected in the classroom and that carries over to the athletic programs at Carroll. The Patriots are members of the Greater Catholic League Co-Ed Division and compete for league championships in 22 different sports. In addition, Carroll plays many local rivals and each year has teams that are ranked locally and statewide. The banners displayed in the gymnasium testify to the commitment and hard work that Patriot athletes have shown for many years. All students are encouraged to join an athletic team. Most sports have team try-outs. More information about try-outs may be obtained in the Athletic Office.

CLUBS

DANCE TEAM

Carroll High School Dance Team is comprised of freshman, sophomore, junior and senior girls who simply love to dance! Practices are once a week on Sunday afternoons beginning in August. We perform at half-time of the Boys Varsity Basketball games. All students are welcome. Everyone CAN dance!



A T H L E T I C

FISHING CLUB

Members will learn about conservation, competition, and comradery—the 3 C's of the Carroll Fishing Club. We discuss places to fish, conservation of species and environments, welcome guest speakers, meet at different fishing locations, and encourage each other to be responsible fishers.

MANAGERS & STATISTICIANS

This group of individuals provide important support for teams such as women's and men's basketball and wrestling. This position is open for both boys and girls. If you are interested in being a Manager or Stat, please come to the Athletic Office.

ROWING CLUB

Carroll's Rowing Club connects interested students with Dayton's Rowing Club. Carroll Patriots join other students from the Miami Valley to enjoy the sport of rowing and compete as a club team.

SPORTS MEDICINE

Carroll students can become student athletic trainers and participate in such activities as taping, wrapping, and assisting with therapy for injured student athletes. Students are screened and trained at a week long workshop at Wright State University. Students may train for one, two, or three sport seasons each year.



VARSITY

FALL SPORTS

CHEERLEADING

(Varsity, JV, Freshmen)

The cheerleading program at Carroll provides students the opportunity to grow as athletes and leaders within the school. Improving cheer technique, teamwork, and boosting school spirit are just a few goals of the program. Students may cheer for football, soccer,



and basketball, as well as join a competition squad. Tryouts are in May.

CROSS COUNTRY (BOYS & GIRLS)

Carroll Cross Country teams have a long history of excellence dating back some thirty years. With anywhere from 60 to 80 runners each year, the Patriots are one of the premier programs in the Miami Valley. Carroll begins each year looking for another League Championship by both the boys and the girls. In recent years, both teams have been ranked in the top ten in the state and have advanced to the state tournament in Columbus. Workouts begin in the summer and continue throughout the Fall.

FOOTBALL

(Varsity, JV, Freshmen)

The Patriots have a tradition of success based on stout defense and ball-control offense. Carroll fields a team of dedicated boys, and expectations are always high. During the last two decades, the Carroll football team has advanced to the state playoffs 9 times and advanced to the

state final four twice. Football has workouts throughout the summer with practices starting in August.

GOLF (BOYS & GIRLS)

(Varsity, JV)

These golf teams are a competitive group that gets better as the season progresses. In recent years, the boys have seen the team challenge for the league title and qualify golfers beyond the sectional tournament. The girls' team is also a driven group that always encourages new players. Playing matches at many local courses has helped the golfers improve as the GCL is considered to be one of the more challenging leagues in Southwest Ohio. Tryouts are in early August.

SOCCER (BOYS)

(Varsity, JV)

The Patriots soccer team is consistently ranked among the best teams in the state. The team has advanced to the state final four 10 times winning state titles in 1980, 2008, 2010, 2011, and 2012. The Patriots put together a 68-game unbeaten streak over four seasons (2010-2013) which stands as a state record. Tryouts begin in early August, conditioning starts in the spring.





SOCCER (GIRLS)

(Varsity, JV)

The Patriots will be in the thick of the championship chase in GCL. They have won recent league titles and are often stateranked as a regular among the top seeded teams in the state tournament. The team plays a challenging schedule and owns impressive victories over many of their local rivals. Tryouts begin in early August; conditioning in the summer.

TENNIS (GIRLS)

(Varsity, JV)

Carroll tennis is about learning and growing as a player and a team. The Patriots work hard to develop their skills and teamwork. This approach has brought a great deal of success and growth to the program. Always in contention, the netters usually challenge for the league title by season's end. Mandatory practice begins in early August.



VOLLEYBALL (GIRLS)

(Varsity, JV, Freshmen)

The Patriots play an exciting brand of volleyball exemplified by scrappy defense and precision passing and hitting. The GCL is considered one of the top leagues in the State of Ohio and Carroll is always looking for dedicated players to contribute to its competitive ways! Tryouts are in early August.

ATHLETIC

WINTER SPORTS

BASKETBALL (BOYS)

(Varsity, JV, Freshmen)

Patriot basketball is a program that demands respect. The Patriots play an up-tempo competitive style and will take advantage of their quickness and concept of "team." The schedule includes all of the teams in the GCL, as well as many top local programs. The team has won a recent sectional title and embraces the challenge of being among the better teams in the area. Tryouts are in November.



BASKETBALL (GIRLS)

(Varsity, JV, Freshmen)

Playing a relentless style of defense and playing a great schedule has earned the Patriots a spot in the league championship hunt each year. Carroll has earned the respect of other top-notch area programs and has established a strong presence in the state tournament where they have been district champions for 8 of the last 10 years. In 2011 and 2019, the Lady Patriots were State Finalists. Tryouts are in November.

BOWLING (BOYS & GIRLS)

As a varsity sport, the bowling team competes against some of the top schools in the Miami Valley. Both teams have won many league titles since joining the Greater Catholic League often qualifying teams and individuals to the district tournament. Practice begins in November.



SWIMMING (BOYS & GIRLS)

Patriot swimmers have enjoyed tremendous success recently, winning many league titles. Excellent coaches and great athletes contribute to a winning combination and the team regularly qualifies swimmers to the District and State Swim Meets. The Patriots have built a reputation as one of the top teams in southwest Ohio. Practices begin in November.

WRESTLING

(Varsity, JV)

(Off-season club and conditioning opportunities available.)
Carroll's wrestling program has won GCL for five of the last six years and has been recognized as outstanding in the Miami Valley area. With several state champions over the years, the Patriots regularly travel to some of the toughest tournaments in Ohio. In 2012 and 2013, the team was regional finalists in the state team tournament. Practices begin in November.

SPRING SPORTS

BASEBALL

(Varsity, JV, Freshmen)

The GCL is known for the strength of its baseball programs and the Patriots are consistently ranked among the



best in the area every year. Always a contender for the league title, Carroll baseball is characterized by sound defense, timely hitting, and aggressive base running. Practice begins in late February.

LACROSSE (BOYS & GIRLS)

(Varsity, JV)

Lacrosse is a fast-paced game that is played with 10 players on the field. Lacrosse is the fastest growing sport in the United States and OHSAA recognized Lacrosse as a varsity sport last

Carroll High School

year. Practices begin in early March with Open Fields/Gyms in the winter.

SOFTBALL

(Varsity, JV)

The Patriots pride themselves on their hustle and fundamentals. They are often in the hunt for the league title and are always competitive. They play an exciting "brand of ball" and challenge many of the top programs in the area. The Patriots have won recent league titles. Practices begin in late February.

TENNIS (BOYS)

(Varsity, JV)

Carroll tennis is a collection of good athletes focusing on a goal and working hard to achieve those goals. The Patriots produce a consistently competitive team often with district A qualifiers. Teamwork and a focused attitude have allowed T Patriots to compete with some of the area's strongest programs. Practices begin in early March.

TRACK & FIELD (BOYS & GIRLS)

Track has long been a Patriot tradition. In recent years, the Boys' team has run off a string of 9 consecutive GCL championships and expect to again compete for a District title. The Girls are accustomed to competing for titles as well. Together they form a formidable group of athletes dedicated to excellent performances on the track and in the field. Practices begin in March.

VOLLEYBALL (BOYS)

(Varsity, JV)

The Patriots have built a great program. They are competing in the very competitive GCL and are looking to continue to develop as a state contender. This sport is continuing to grow annually. Practices begin in March.



INTRAMURAL

CO-ED INTRAMURAL BASKETBALL

Boys and girls of all grades are encouraged to form teams to play basketball for competitive fun before school. Tournament play is organized in the winter.





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SOCIAL EVENTS

AFTER-PROM

After-Prom is sponsored by the parents of Juniors and Seniors. This is a fun event held after the Prom to encourage fun and safe choices. Dates are not required; however, sophomores may only attend with their Prom date. Freshmen are not allowed to attend After-Prom. This fun-filled event lasts well into the morning hours and is great for those wanting to have a great time!

FATHER-DAUGHTER DANCE

The father-daughter dance is a special night shared between female Carroll students of all grades and their dads (or dad figures). The dance is themed each year encouraging costumes, dance competitions, and lots of fun.

HOMECOMING DANCE

This is the first dance of the year! Each year there is a fun theme for this dance that's held in our main gym. A queen and king are crowned Friday night at the football game.

MOTHER-SON DANCE

The mother-son dance is a special night shared by boys of all grades at Carroll and their moms (or mom figures). The dance is themed each year encouraging costumes, dance competitions, and lots of fun.



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PROM

Prom is a formal dance held in late April or early May. Juniors and Seniors are encouraged to attend, and sophomores may attend if invited by an upperclassman. A king and queen are crowned at this event.



SOC HOPS

Soc Hops have made a return to Carroll social life! These fun/casual dance events are held periodically after fall or winter sporting events. All current Carroll students may attend.

TURNABOUT DANCE

The winter Turnabout Dance gives girls a chance to ask the boys to a dance. This is a dressy dance sponsored by Carroll's Band Department.

All Carroll Patriots are encouraged to join and participate in any and all co-curricular activities that interest them. Their leader-ship skills and commitment to these activities will enhance their college application profiles and expand their well-rounded educations.



-Chris Pennington CHS Guidance

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