Tuesday, October 27: 11:30 am until 12:00 pm; Virtual/Rm 313



John Slightam, MD Class of 1973

Dr. John Slightam is a board-certified psychiatrist with 33 years post-residency experience in a variety of areas. His expertise includes consultation/liaison, co-occurring disorders, personality disorders, adult ADHD, and complex diagnoses.

John has been living in Seattle, Washington since 1991. His private psychiatric practice, Highline Counseling Center, has a little bit of everything including inner-city community mental health and a 90-day inpatient co-occurring disorder facility. His professional experience began in the US Navy Medical and Psychiatry Department in 1981 where he served for seven years. Then, he worked to establish organized consultation and liaison service at Miami Valley Hospital in Dayton, Ohio. He also served several times as an interim medical director for inpatient/outpatient geropsychiatry programs and he has excellent working relationships with clinical staff in various settings.

Dr. Slightam has extensive public speaking, lecture and presentation experience. He created the Physician Wellness Committee and has been chairman since its inception from 1993 to 2014.

John received a Bachelor of Science degree in Biology and a minor in Psychology from the University of Dayton in 1977, a Doctor of Medicine Degree from The Ohio State University College of Medicine in 1980, and he completed his psychiatric residency at the National Naval Medical Center in Bethesda, Maryland in 1985.

John is planning to retire from private practice next year and will focus on aspects of psychiatry that are the most enjoyable for him: consulting and teaching. He is looking forward to spending more time with his classmates from Carroll High School. His favorite Carroll memories include being in two school plays, one of them being the senior musical. It was the only time that he could be his true class clown and the only time the teachers appreciated it.