



June 2017

Dear Patriot and Parents:

As Athletic Director at Carroll High School, I would like to welcome everyone back to another exciting year of Carroll High School Athletics! For those new to our family, welcome to the home of the **PATRIOTS!** Our faculty, administration and coaching staff are very excited about the opportunity to work with you in these all-important high school years. A number of you have chosen to be involved with athletic teams while at Carroll. The following information outlines requirements to participate, including academic eligibility, athletic forms, conditioning times, and tryout information.

Listed below are starting dates and times for fall sports along with other valuable information.

IMPORTANT INFORMATION: The OHSAA requires a **mandatory meeting for parents and student-athletes** prior to the start of each season. The meeting for all Fall sports will be held on Thursday, August 3, 2017. The meeting will begin at 6:00 PM in the school cafeteria. Topics covered will include: eligibility, school policies regarding athletics, and state regulations.

PHYSICAL EVALUATION FORM, CONCUSSION INFORMATION SHEET, and EMA: All prospective athletes must have the following three forms on file with the Athletic Office. This is an Ohio High School Athletic Association (OHSAA) regulation and we must adhere to this rule. All forms must be on file prior to the official start date of each sport.

1. **Physical Evaluation Form** - The OHSAA physical evaluation form is available to download from Carroll's website, (www.carrollhs.org), under the "Athletics" tab. The six page physical form will need to be completed by a physician, parent/guardian, and athlete.
 - Please take special care to sign each page.
 - You may use your family physician or another medical facility as long as the form is signed and dated by a physician. The Kettering Sports Medicine Center schedules physicals at their main location, 4403 Far Hills Avenue, in Kettering. Please call 937.395.3900 to schedule an appointment. The cost is \$25.00, payable by cash, credit card, or check.
 - We highly recommend that you make a copy of the completed physical for your files.
 - Physicals are valid for one calendar year from the date of the physical.
2. **Concussion Information Sheet** - The concussion information sheet is also available on Carroll's website. The informational sheet will need to be read and signed by both the athlete and parent/guardian. Please attach the signed concussion sheet to the physical form. A newly signed concussion form is due whenever a physical is updated.
3. **EMA** – The Emergency Medical Authorization form is required for all athletes. The carbon form will be distributed by coaches for parents/guardians to complete. Extra forms are also available in the Athletic Office. A new EMA form is required for each sport a student joins. Please be sure to return both the yellow and white copies to your coach.

FOOTBALL: Strength and conditioning for Varsity, Junior Varsity, and Freshmen is held Monday, Tuesday, Wednesday, Thursday and Friday 10:00-11:30 am or 6:00 – 7:30 pm throughout the summer. You may attend either daily strength and conditioning session. Camp will be held July 10– 21 from 8:00 am – 1:30 pm. Equipment distribution will take place during the last day of camp. For camp and practice, you will need a practice jersey, black shorts, and football cleats. All football questions may be directed to Coach Ben Rullli, [937.343.1886](tel:937.343.1886) or brulli@carrollhs.org.

BOYS AND GIRLS CROSS COUNTRY: Any boy or girl interested in joining the Cross Country team this fall should contact Coach John Agnew at 848-8512 or by e-mail at carrollcross@yahoo.com. Information can also be found at carrollcrosscountry.org.

GIRLS SOCCER: For Open Field and Camp information, please contact Coach Sarah Flach at sarah3flach@gmail.com. Try-outs will begin on August 1st and are mandatory attendance.

BOYS SOCCER: Open workouts will run June 5 through July 31 on Monday, Tuesday, Thursday, and Friday from 8:00- 9:45 am. The High School Camp will run July 10, 11, 13, 14, 25, and 26 from 8:00-11:00 am. . Try-outs are scheduled for August 1, 2, and 3 from 8:00-11:00 am. If you have any questions, call Coach Scott Molfenter at (937) 212-0365 or smolfenter@aol.com.

VOLLEYBALL: Volleyball camp dates and times are as follows: July 17, 18, 20, 21, 24, 25, 27, 28—4:30-8:30. All camps will be held in the auxiliary gym. The cost for camp is \$75.00. Please make checks payable to, "Jane Wiggins" and mail to 3504 Kingswood Drive, Kettering, 45429. Try-outs begin on August 1 and 2, 4:30-6:30 pm. Physical form, concussion form, and EMA form are due

on the first day of camp. For questions and to be added to our information emails, please contact Coach Wiggins at, jwiggins3504@gmail.com.

GIRLS TENNIS: The Carroll Girls' Tennis Team will begin open courts starting in July. The schedule will be finalized in the next week and shared via Remind or email. Please contact Andrew Farrell at afarrell@carrollhs.org with questions. Open courts are held at Thomas Cloud Park, in Huber Heights. Mandatory practice sessions begin on Monday August 1, 4:00 pm at Thomas Cloud and will run throughout the next two weeks on weekdays. All players must turn in their completed forms (physical, concussion and EMA) before August 1 in order to participate. Players should dress appropriately for the weather, bring a large jug of water, one or preferably two tennis racquets, tennis shoes, and wear plenty of sunscreen.

BOYS GOLF: Try-outs will be held on August 1 at 9:30 am; August 2nd at 9:30 am; and August 3 at 9:30 am. The first day will be 18 holes, the second day will be 9 holes, and the third day will be 18 holes. Try-outs are held at WGC Golf Course, 944 Country Club Drive in Xenia (937.372.1202). Please arrive at least 45 minutes prior to the start time each day. Also, please bring score sheets of courses you have played over the summer. Physical forms, concussion forms, and EMA forms are due the first day of try-outs. Any questions call Coach Davis at 937- 475-6187 or 937-298-0190.

GIRLS GOLF: Please contact Head Coach Roy Cassidy at 937.689.8338 or rcstatcat@gmail.com with questions or to request information about the program. Open course sessions will be held throughout the summer on Mondays and Thursdays at 9:30 am. Sessions are held at Carroll's home course, WGC Golf Course in Xenia, 944 Country Club Drive (937.372.1202). All players need to bring their own golf equipment. The first official practice is August 1.

STUDENT ATHLETIC TRAINER / AIDE: Students interested in working with the athletes as an Athletic Trainer / Aide are encouraged to contact Dave Clymer at david.clymer@ketteringhealth.org for additional information.

ELIGIBILITY: Academic eligibility for Student-Athletes can be confusing. *You are encouraged to call the Athletic Office if you have questions.* In order to be eligible, students need to pass at least five one-credit courses or the equivalent (each of which count toward graduation). Complete information can be found by visiting the OHSAA website, www.ohsaa.org and selecting the eligibility link.

STUDENT ATHLETIC ID PASS: Cost of the Athletic ID Pass is \$65.00. The value of this pass is over \$300.00. Checks are payable to "Carroll High School" or this fee may be added to the student's tuition payment. This pass is good for admission to all home athletic events, excluding state sponsored tournaments.

ATHLETIC PARTICIPATION FEES: First sport is \$185.00, second sport is \$170.00, and third sport is \$160.00. There is a family maximum of \$675.00. FACTS will bill you once a team roster has been established.

VOLUNTEER: Parents, grandparents, family and friends; if you are interested in helping with maintaining the outside athletic facilities, taking tickets, or working the concessions, please call the Athletic Office at 937.253.3212. We could use any time you may have to offer.

DIRECTIONS AND GAME SITES: Directions and game sites for the GCL Co-ed (Greater Catholic League, Co-ed Division) are available at www.gclsports.com. You may also access the sites from Carroll's home page.

SCHEDULES AVAILABLE ON LINE: To view or print a team schedule, please go to Carroll's website at www.carrollhs.org, and select "Athletics" at the top of the page. Choose either "Boys Sports" or "Girls Sports" from the drop down menu and select the sport you would like to view. Schedules are updated as changes are made in the Athletic Office. Please note, occasionally we experience computer-feed problems that link the schedules to Carroll's website. We apologize in advance for any problems this may cause. We look forward to seeing everyone in August!

Best Wishes,



Scott Molfenter
Athletic Director